

GUIDANCE NOTES – Full Version which should be read by EACH crew member and brought with you on Race day, Saturday 14th September. First boat away 11.20.

The Great River Race is supported by Areen Design, Roots, Fuller's Brewery, the London Boroughs of Richmond and Wandsworth and Trinity House.

General Information

Safety and Insurance for competing craft

- It is a **requirement** that all boats competing in the Race carry adequate buoyancy aids for each person aboard.
- **Buoyancy aids must be worn throughout the Race by all Dragon Boat Crews and Under-16 Paddlers. Non-compliance will result in disqualification of the crew.**
- We strongly recommend that any persons under 18 years of age aboard a boat competing in the Race should wear a buoyancy aid, and **all under-18 crew members must have a buoyancy aid available** to be worn at the discretion of the compulsory responsible adult in charge, or to be put on immediately on instruction from a Race Marshal.
- Competing boats must follow the instructions given by Marshals or Safety Boat Crews. Non-compliance will result in disqualification of the crew.
- Always stay to the right hand side of the river and only pass under bridge arches as marked on the Bridge Arch Guide.* (See Appendix attachments No. 3. See also Appendix 4 Safe Navigation for Man-Powered Boats for further information).
- Every boat must be covered by public liability insurance up to £2 million any one claim and for any loss, injury or damage to property or persons (including all persons aboard the craft).
- You participate in the Race at your own risk, including any loss, injury or damage to property or persons.
- Your boat must be fitted with a strong point for towing and must carry a length of strong line for that purpose.
- You should minimise all valuables and what you do take should be carried in waterproof bags.
- Carry and use a bailer if water gets into the boat in any quantity.
- **All crews must conform with the Port of London Authority byelaws on abuse of drugs and alcohol while on land and while racing.**
*Please note you will receive a laminated copy of the Bridge Arch Guide in your Race envelope.

Disputes Procedure

A Disputes Committee of three members will be convened, should the occasion arise, with good Race experience, including a member of the Great River Race Board. In the event of a

dispute or incident involving competitors' boats, the Committee will be convened as soon as possible following the Race. The Committee will be provided with all the information available. Should the need arise, they are authorised to call members of the crews involved to elaborate on the information. Crew members will conform to any such request. Following their deliberations, the Committee shall come to a conclusion as to culpability on the part of all parties and rule accordingly. This decision will be final, there will be no right of appeal and, once taken, the matter will be closed.

Tidal Information

September 14th 2019

Predicted times given in BST.

Low Water London Bridge 09.18

High Water London Bridge 15.07

High Water Richmond 16.04

Sunset 19.18

Pre Race BBQ

As usual, we will be holding the pre-Race campsite barbeque/party on Friday, September 13th at Thames Young Mariners campsite. Tickets should have been booked through the website by midnight on Wednesday 21th August 2018.

The Start - E14 3QS

Layout:

Start Layout Ashore.jpg (see No 1 attachment in the Appendix)

Start Ashore

Parking at the Start

Parking and Launching must be carried out according to your 'Individual Craft Instructions' (ICIs) which will be emailed to you the week before the Race. Overnight security will be provided at Millwall Slipway.

Boat trolleys and volunteers will be on hand to assist launching on Saturday, but not on Friday. Once launching has been completed, cars and trailers should leave the area. There is no car parking on Westferry Road this year so please leave directly after dropping off.

On Race Day, to facilitate launching, entrants will be called forward in groups of Race numbers by handicap, beginning with low numbers, **so please listen out for loud speaker announcements for when you should come forward to launch** (we will be sending out your Individual Craft Instructions 5-7 days prior to the Race with further information, so please look out for these). **These arrangements are designed to ease congestion. Please cooperate with the Marshals.** Overnight mooring on Friday in the river is not recommended unless at designated moorings with the owner's permission. Unavoidably, moored boats are subject to wash from passing craft, and may incur damage as a result.

Registration and Scrutineering

Friday September 13th, 16:30 - 20:00 Pre-registration Fast Track at Thames Young

Mariners HQ (BBQ & campsite) at Ham. If you can, please try to use this facility, whether you are camping or not; it is there to minimise congestion on Saturday morning.

Saturday September 14th from 08.45 to 10.45 at Millwall (see layout).

If you have pre-registered the night before, when you get to the Start, go straight to the **Pre-Registered desk** with your Race number and crew/boat paperwork.

Otherwise, entrants must report to **Registration** as soon as they arrive to be given their start time and handicap. **Please ensure you know your five digit entry number before joining the queue and that your entry is registered by 10.45 hours at the very latest.** We would advise that crews arrive at the start as early as possible, to ensure they are in the water in plenty of time as there are a lot of crew to deal with on the day. Your assistance with this is greatly appreciated. **At this time you will also need to check and confirm the total number starting the Race in your boat.** You will not be allocated a Race number until this has been done; any subsequent change must be reported immediately to Registration. **It is strongly recommended that every boat carries a mobile phone.** Although you will be under close supervision by the safety fleet you should note the PLA Woolwich Radio number 020 3260 7711 for unforeseen emergencies whilst afloat only.

Under-14 and Under-16 crews **must** be registered by their compulsory adult (over 18) passenger/cox. The **Scrutineers** check boat eligibility and compliance with rules by asking each crew a set of questions. There will be a Scrutineer moving around the slip to check the physical state of boats. Along the course, boats will also be checked by an Umpire afloat for continuous eligibility, and observance of the rules, including flying a flag. Craft will be allocated three versions of their Race numbers. One of these will be in pennant and clamp form, which must be attached firmly to the bow of the boat; the second in waterproof material, must be worn on the cox's back **while the third, in A4 plastic card form, must be held up high by the passenger to show to the Start timekeepers afloat and Finish timekeepers ashore** and when asked by Race officials.

Failure to comply will result in no time being recorded and exclusion from the results.

Please note your Race number (1-350 series) differs from the five digit registration number issued to you for administrative purposes.

Using our Towing Service?

For competitors being towed downriver to the Start, launching will be possible from Ham Slipway. A mobile crane will be at Ham on Friday afternoon for those boats needing to be lifted, i.e. for heavier boats which cannot be manually launched easily. **NB Towing and Crane services must be booked and paid for in advance.** Please make sure you have adequate fenders and tow rope before handing your boat over for the tow. To find your towed boat at Millwall, go to the Towing Coordinator at the Boat Package/Towed Boat Desk who will have a record of where your boat is - still afloat offshore or on the beach below the slip.

Purchased a GRR Boat Package?

If we have arranged a hire boat for you, please go as early as possible to Registration after which you will be directed to the Boat Package/Towed Boat Desk where they will direct you to your boat.

The Beach

The long beach immediately downriver of the slipway will be used by all craft arriving by our towing service and any other entries coming by river or launching early. It will be easily accessible by foot from the slipway or ladder from the walkway above until approximately 11.00 after which the ladder will be removed. The beach will be overseen by Marshals who will be there to adjust moorings and help crews to launch.

Facilities at the Start

Food, refreshments, loos, ambulance services and face-painting will be available along the sides of Millwall Slipway.

Launching

There will be a trackway laid down the middle of the slipway to assist with launching. In addition, a professional modular floating pontoon, wide enough for two way traffic and accessed from the stairs, will be installed from which boats can be boarded. Once launched, please get your boat clear as soon as possible. Access to the floating pontoon will be controlled from the slip end to avoid overcrowding. There is limited space at the slipway entrance, so trailers and cars must be removed as soon as launching is complete. Please avoid inconveniencing others launching. The Beachmaster will have a team of Sea Cadet Marshals to help with the launching. With the restrictions on river space in the vicinity of the Marshalling and Start areas, it may be necessary to restrict launching. **Please cooperate with them and listen to the announcements.** Unassisted launching will also be possible from the slip adjacent to the Poplar, Blackwall & District Rowing Club, downstream at Ferry Street, London E14 3DT. There will be no special parking arrangements in this area and competitors will be doing so at their own risk. If you want to train, or warm up, in the Start area, you should immediately go left (downriver) after launching and proceed to the designated area at the direction of the Start Marshals. Please do not moor on Masthouse Terrace Pier prior to the race starting as this is reserved for the Safety Boat Fleet.

Start Afloat

Layouts: (see Appendix for attachments)

No 2 Start Afloat (Millwall)

No 3 Bridges 1 – 28 showing Arches

Start Disruption

A blue flag will be flown from the stairs down to the pontoon at the Start. If, in the opinion of the organisers, the prevailing conditions prevent the Race getting under way, this will be replaced by an orange flag. Competitors should listen to announcements made by the Commentator and pay heed to possible restrictions that might be necessary. If any Racers have started, the Safety Boat Fleet will show Red Flags, as per the Red Flag racing instructions (p7-8), to stop crews racing.

Start Marshalling

The Port of London Authority will impose an area of restricted navigation around the start area. Consequently **you must remain in this area at all times**. If you are launching from a venue south of the River please make sure you are in the area cover **before** the restricted navigation comes into effect. If you are crossing into the restricted area from the south side of the River you will be stopped and miss the Race.

Because there will be a flood tide of about **2.5 knots** running, competitors already afloat must ensure they are within the calmer waiting area by 20 minutes before their handicap start time. From then on:

- **40 minutes before the start** – Boats may not cross the river from the South bank to the Start area and they must remain in the Start area
 - **20 minutes to your start** - keeping close to the bank, make your way downriver to the waiting area
 - **8 minutes to your start** - leave waiting area and drift upriver towards 5-minute marker
 - **5 minutes to your start** - drift upriver past 5-minute marker. A Marshal boat will be in this area regulating traffic
 - **2 minutes to your start** - The Marshal on the white cruiser will call you forward. Drift upriver, but be prepared to back paddle to hold well clear of the Start line
 - **1 minute to your start** - The Starter will call you forward to the Start line marked by the Thames Sailing Barge (TSB) 'Adieu' midstream, at the outer end, and the Starter's open boat at the inner end near the slipway
 - **0 minutes to your start** - The Starter will instruct you to "GO". Cox/passenger **must hold up and show RACE number to Starters**, arms high above head
- The width of the Start line allows for entrants to pass at least four abreast.

Entrants start in rising numerical sequence. You may overtake a lower-numbered/handicapped boat only if remaining behind would result in a late start. Any boat missing its start time must wait for the Starter's instruction to allow them to start. There will be no handicap compensation for a delay if it is the fault of the crew, although timing over the course will be unaffected. Any boat crossing the Start line ahead of its correct numerical sequence may be subject to disqualification. If your boat starts early and is allowed to continue, it will be penalised on handicap, by the amount of time it has gained, plus a fixed penalty of one minute if the advantage exceeds 30 seconds. Any delayed boat attempting to start after the last legitimate starting boat will be stopped and **NOT** allowed to race. The outer (Southern) side of the Start line will be marked by the TSB 'Adieu', anchored opposite the Millwall Slip and at the inshore (Northern) limit by the Starter's open boat. Competitors arriving on time must pass between these two. Competing boats passing inshore of the open boat will not be recorded as starting and thus not be given a time.

Clocks

Three large clocks, prominently placed on the railings at the Start line, on the TSB 'Adieu' and at the 2-minute mark, will display real time for easy comparison with your actual start time shown in the entry list.

Supporters' Boats

Support boats must keep clear of the marshalling area. They should wait at least 500 metres upstream of the Start to join their competing craft. **During the Race supporters' boats must stay clear of competitors at all times.** Note they will not be allowed to enter the River Closure area at the Finish, unless pre-agreed with the GRR Office.

Start Officials

The Starter and Marshals are all highly experienced **and their instructions must be listened to and obeyed.** Their sole concerns are Race safety and efficient administration.

First Boat Away– At 11.20 hours

There will be a 5-minute signal (11.15) and a Start signal (11.20)

All competitors are asked to pay attention to announcements, as the Start time might be brought forward or delayed, according to river conditions on the day. This of course, would affect the start times printed in the entry list.

Timing

All craft will be timed manually over the course. This is why your number must be clearly visible at both the start and finish lines.

Rules

Navigation of all vessels involved in the Race is governed by the International Regulations for Prevention of Collisions at Sea, and in particular the following apply:

- The crew of every boat shall maintain a good look-out at all times taking care to ensure that progress of vessels coming up astern is watched as well as those ahead.
- **The cox must remember to keep looking behind especially through the bridges to assess threat of being overtaken.**
- All boats shall keep as close to the right (North/starboard side) of the river as possible at all times, but must keep to the left of all the islands, piers and fixed moorings lying off the North bank. It is essential that slow boats keep well inshore to allow room for others to overtake.
- Overtaking boats shall ensure that they keep clear of the boats that they are overtaking. They should not attempt to pass between two boats or inshore unless there would be at least 2m between their oars (blades) and those of the boats they are overtaking. They shall take full account of conditions ahead that might force the boats ahead to alter course or slow down.
- Boats being overtaken shall ensure that they act with consideration towards those who are overtaking and not take any action that would make overtaking more difficult or dangerous.
- **No boat shall pass through any bridge arch other than those marked on the Bridges layouts.** (see *Appendix attachments No.3 and No.4*) Boats must not pass through any closed arch - these will be marked by a triangle of shapes. **All coxes / crews – Blackfriars Bridge - Please note that Bridge Arch 2 will be closed for navigation on Race day. As a result, we would ask you to please be aware of other river users, especially Commercial vessels as there are likely to be a large number of Class 5 (Large) Commercial vessels also using Arch 3. As such we**

must ask you to be extra vigilant when navigating in this vicinity. Your safety and the safety of other river users is of the utmost importance.

- At Richmond Loch & Weir (RL&W) – all rowers / coxes please note that you will be at risk and must not go through the arch until the sluices are fully raised as debris can drop out on the way up. **Do not pass the PLA and Safety Boats at the head of the Race – there will be a marshal to direct you – please follow all instructions given. Any boat ignoring this instruction will be disqualified.**
- You must not overtake whilst passing under a bridge. If more than one craft is heading for a bridge arch, the overtaking craft - in other words the craft coming up from behind/astern - must give way, slow down or stop.
- **In the event of a collision, all of the boats involved shall stop immediately and exchange details with each other.** The cox of each boat shall note down the Race numbers of the boats involved, the precise location of the collision and the time that it occurred. These details should be passed to the Race organisers if requested. None of the boats may resume racing until the other boat/s involved have confirmed that they have noted the details.
- **If your boat is swamped, you must stay with it and await rescue. Do not try to swim to shore.**
- Keep to the right of all Safety & Marshals boats, (as they mark the permitted course) unless they are involved in a rescue.

Safety Boats

- The Race will be patrolled and controlled by volunteer Safety Boats provided by Northern Exposure Rescue (showing a flag with the word **SAFETY** in white on a black background)
- The Safety fleet, comprising low freeboard, suitably-equipped RIBs or similar craft, will patrol the Race on a rolling basis and are there to provide emergency assistance. **Their priority is people not belongings. We cannot accept any liability for ANY personal items, so please keep them to an absolute minimum.** All safety boats will carry a first aid kit. PLA launches or one of the Safety Marshal's fleet will be positioned at predetermined points identified as presenting a potential hazard and their job is to guide the competitors through their particular area and to keep them to the North side of the river.
- It is important that competitors follow the instructions of the safety fleet and most are fitted with CCTV to enforce this.

If your boat / crew gets into difficulties

Below Lambeth Bridge – Should you or your crew get into difficulties (i.e. man overboard (MOB), boat foundering/swamping or capsizing) which prevent you from continuing safely without help, you will be recovered by a safety boat and taken to the nearest safe landing point. **This will count as a retirement and you will not be allowed to continue in the Race.** Your boat may be towed to the Finish line. The crew should be prepared to make their own way to the Finish if it is not possible for our sweeper bus to pick them up. **Please note we cannot accept responsibility for any damage caused to your boat should it be taken under tow by a safety boat, although every care will be taken. Do ensure that a**

bow line is attached to a strong point to cover this eventuality. Remember if boats are towed, towing will be undertaken only at the boat owner's risk, including any loss, injury or damage to property or persons (including any persons aboard the craft).

Above Lambeth Bridge – In this area, you will be assisted with recovery by a safety boat.

You may then be allowed to continue in the Race if the boat is deemed to be in a safe condition to do so. At any point on the course, a safety boat may instruct you not to continue if they feel it would not be safe. ***Their decision is final.***

If your craft is immobilised for any reason - and you need urgent assistance - your cox should cross and uncross arms above his/her head and, if possible, wave a piece of white clothing.

Race Safety Boats are identified by showing a flag reading **SAFETY** in white on a black background.

In the event of a serious incident a large plain RED flag will be raised at the scene by a Safety Boat. On seeing this, all competing boats must stop racing, not overtake and adopt a single file through the area. Racing may continue when the RED flag has been passed and no other is in sight. ***When approaching Hammersmith Bridge, coxes should aim to pass under a point between the words 'Hammersmith' and 'Bridge' (clearly visible on the bridge's superstructure) to avoid the possibility of being swept northwards towards Dove Pier.*** Between Chiswick Bridge and Isleworth it may be necessary to halt the Race to give time for the curtains at Richmond Lock and Weir to be raised. All competitors should follow the safety boat instructions but **NOT** pass the flag or overtake other competitors until the Red Flag is lowered and the Race re-starts, unless otherwise instructed. Remember to **stay to the right** hand side of the river as you race up the river. Non-compliance may result in disqualification.

Competitors are required to give consideration to the requirements of other river users and whenever changing course you must watch out for oncoming vessels and overtaking vessels and take extra care not to obstruct their progress. This applies also to the inshore buoyed stretch between Putney and Syon Reach, which is there to enable non-competing rowers to practice unhindered. A PLA Notice to Mariners will have warned other river users of the Race but the normal rules for navigating on the river still apply to competitors.

A flag (minimum dimensions 3ft x 2ft) must be flying on racing boats at all times. The course is approximately 21.6 miles long and you will need to pace yourselves carefully but you may not land or accept outside assistance unless you are withdrawing from the Race. Please ensure you have clothing and food (e.g. rain jacket for rain or sunscreen for heat) to cope with both expected and unexpected weather conditions. Rotation within the boat by the cox or passenger for rowers is permitted, (Women, Juniors and Veterans, see Regulations and Classes) but **no crew member may be embarked or disembarked en route.** Any boat going to shore during the Race for any reason will be disqualified and withdrawn from safety cover. It is important that the overall finish period is not unduly lengthy; **any competitors arriving at Putney after the tide has turned (predicted as approx 16.38) will be required either to take their boat ashore there or accept a tow to the finish.** Support crews may

follow their entry but must not impede competing craft or official safety boats. A sweeper boat will follow the Race to keep an eye on stragglers.

Race Support

Safety Services

The Race will be patrolled in sections by safety craft under the control of Chris Lowe, Northern Exposure, Race Safety Officer, who will be in constant radio communication with all units on a dedicated channel. Ambulance units will be situated at the Start and Finish.

Patrol Boats

Port of London Authority will have a number of patrol boats covering the course. We are indebted to them all for their help and support.

The Finish (TW10 7RS)

Layouts – See Appendix for attachments Nos 5, 6 & 7

Finish Line

The Finish line will be marked by a **FINISH** notice prominently displayed on a boat moored at Hammerton's Ferry on the Twickenham (North) side of the river and by a pole flying a **FINISH** flag on the Ham bank. The river will be closed to all non-competitor traffic (including support boats) between the downstream end of Eel Pie Island and the upstream end of Glover's Island from **13.50 to 17.20**. Any non-competing craft in the closure area will not be allowed to leave the area until it re-opens.

Boat Recovery see Appendix Attachment No. 6 Boat-Trailer Parking & Boat Recovery

Recovery must be carried out according to your Individual Craft Instructions (ICIs) which will be emailed out to you the week before the Race. Please follow the instructions of the Marshals so that boat recovery and transfer to the parking field proceeds as efficiently as possible. Crews intending to recover their boats at River Lane must remain above the Finish line until the last boat has arrived or until allowed to proceed by Marshals.

Temporary track mats will be installed on the slipways as an additional measure to assist with the safe recovery of boats.

Smaller boats, after recovery, are to be taken via the temporary track way to the temporary Car Park in Riverside Pitches, in order to be re-united with their trailers. If your crew are staying for the party then they will stay there overnight. If you are leaving on the day there will be an egress point for you to leave by. (*Please see diagram*).

Medium and larger boats can be craned out of the river. **NB, this service will only be available to those who have booked and paid in advance.** Mediums boats can also be picked up by trailers (having been moved manually by the crews with the aid of trolleys) using the one-way traffic system. ***GRR Marshals will be there to help direct – please listen to them as they are only trying to help and are volunteers on the day!***

Please note the entry and exit points for boat collection have been chosen to minimise the wear and tear at both the egress points at the top and bottom end of Riverside pitches and to improve the traffic flow.

- Vehicles with trailers (unladen) will exit from the field at the Ham Street Car Park end just before the height restrictor.
- These vehicles will drive down the small slope from the field and turn left onto the road briefly (Ham Street) and then turn right into the Ham Street Car Park.
- They will drive round in an anti-clockwise direction and collect their boats either manually or direct from the crane (as detailed above).
- They will then exit onto Ham Street and will continue straight along the road and then **EITHER –**
 - - turn right (in front of the Ham House entrance way) to re-enter the field at the top and park up in their designated lane
 - - **OR** continue straight on if they are leaving the site.

Please note there is a turning triangle in front of the Ham House entrance way if needed for the larger boats / trailers. (See Appendix Attachments No 6 Boat – Trailer Parking & Boat Recovery).

Scrutineering at the Finish

The Finish Scrutineers will check that every boat is carrying a cox and a passenger and that crews conform to the individual rules of each class entered. Transgressions may result in disqualification.

Facilities at the Finish See Appendix Attachments No 5 GRR Site Plan Ham Final & No 7 Showers at Thames Young Mariners (TYM) Campsite.

Changing and shower facilities will be available at the TYM Campsite, a short ten minutes away from 14.30 to 18.30.

Portaloos will be situated adjacent to the Ham Street car park. A variety of food stalls along with refreshments, alcoholic and otherwise, will be positioned in the riverside entertainment area in front of Ham House. Live music, games galore, circus tricks training, bouncy castle, slide, Punch and Judy, face painting, and other family fun will also be situated in the riverside entertainment area.

Parking at the Finish see Appendix Attachment No 6 Boat-Trailer Parking & Boat Recovery
Towing vehicles and trailers must park in the designated field 100 yards up Ham Street which has ample space and will be patrolled from midday Friday to midday Sunday. **All vehicles must have a valid permit displayed at all times. You should have filled in your details on the website, printed out the permit and display it in the relevant vehicle at ALL times when on the site.**

The field will be marked with designated areas for boats / trailers and vehicles. ***Please follow the instructions of the volunteer Marshals and Security Officers and do not leave vehicles parked in the wrong areas. Please note that vehicles and contents are left here entirely at the owners' risk.***

Also please note that the gate into the field will be locked from 8pm every evening from Thursday through to Sunday for security purposes.

Race Certificates

Each entrant who has previously supplied crew names online, by the deadline of 21st August, will receive embossed participation certificates when Race numbers with clamps are returned. Any certificates needing to be sent after the Race, for whatever reason, will be charged at £6.00 each plus postage. Please email info@greatriverriverrace.co.uk to request, including Race number, crew name, boat name, crew member name and postal address and we will invoice. All certificate payments must be via bank transfer, upon receipt of invoice.

Race Numbers

Your clamp, rigid Race number and A4 passenger number must be handed in before collecting your participation certificates. No deposit will be required, but crews who do not return them will forfeit their certificates and be fined £25.00.

Prizegiving

The ceremony will be held at Ham riverside as soon as all award winners are known, so please listen for announcements. We aim to start no later than 18.00 hours, after the Fancy Dress Competition.

Post-Race Party

The post-Race party will be held on Saturday evening, in the main marquee on Ham riverside. Music and other entertainment will be provided all afternoon, while caterers will be around all evening – as will be a fully licensed bar. Naturally, old favourites Tony Barker's TB Blues, Smokey's Disco and Dutch swing band, Tartouffe, will be on hand to entertain you.

Lost Property

Whilst we want you to enjoy yourselves, the Great River Race cannot be held responsible for any personal belongings lost or stolen during the Race Weekend. So, please keep an eye on all personal property at all times whilst on GRR Sites.

Sunday 15th September

On the Sunday 15th the main marathon and half marathons of the **Richmond Runfest** will be taking place. Their competitors will be running along the towpath from River Lane towards Ham House from c. 08:30 and will be returning down Ham Street towards Ham House, passing along Riverside Drive up until 12:30.

We have been advised that the busiest time will be between 10am - 11.15am as emailed previously and we would ask that you avoid vehicle movement during this time if possible. In addition to this busy period we ask that you take care when leaving the Temporary Car Park up until 12.30 as there will be marathon runners in the vicinity. We do apologise for any delays this may cause you and we appreciate your cooperation during this period.

We wish you a great Race and a memorable weekend!

The Great River Race Team

P.S.

We are continuing to work towards a GRReener Race with a number of local organisations to help reduce litter on both the Riverside locations and actually in the River Thames itself. Please can we ask that you place all litter in the bins provided at the Start and at the Finish.

To help us with this initiative at the Start we are making tap water available again outside the Dockland Sailing & Watersport Centre for you to fill reusable bottles so if you can bring these with you that would be great.

At the Finish we are also trialling a small number of recycling bins in the Food Market area and we would appreciate your help with this. Please do not put food in these bins – packaging only. They were not used last year to great effect so please look out for these.

Our food traders are working with us on this initiative by using biodegradable / wooden forks and other materials where possible along with 100% compostable paper goods on at least one of our coffee stands. Little steps but all in the right direction!

Also, in conjunction with Fullers, we are for the 2nd year running, using reusable cups at the Bar. Your cooperation on this is much appreciated.

We have to hand back all Start and Finish sites in good order. The GRR will be penalised if the owners are not satisfied. In 2018 we were disappointed to find that a large amount of personal litter was left at the Finish Site which the GRR volunteers had to clear. We would really appreciate it if you could take your personal litter away with you, if it has not been purchased on site, to include cushions and any unwanted clothing used during the Race.

Any unacceptable behaviour identified on Race Day in terms of abuse of sites, people, property or facilities will result in the offending team being disqualified.

We really appreciate your assistance/support with helping us improve our Riverside and waterways and we look forward to seeing you all on the day! Have a GRReat Race!

Appendix – Attachments

No. 1 Start Layout Ashore (Millwall)

No. 2 Start Afloat

No. 3 Bridges 1-28 showing Arches

No.4 Safe Navigation for Man-Powered Boats

No. 5 GRR Site Plan Ham Final

No. 6 Boat – Trailer Parking & Boat Recovery

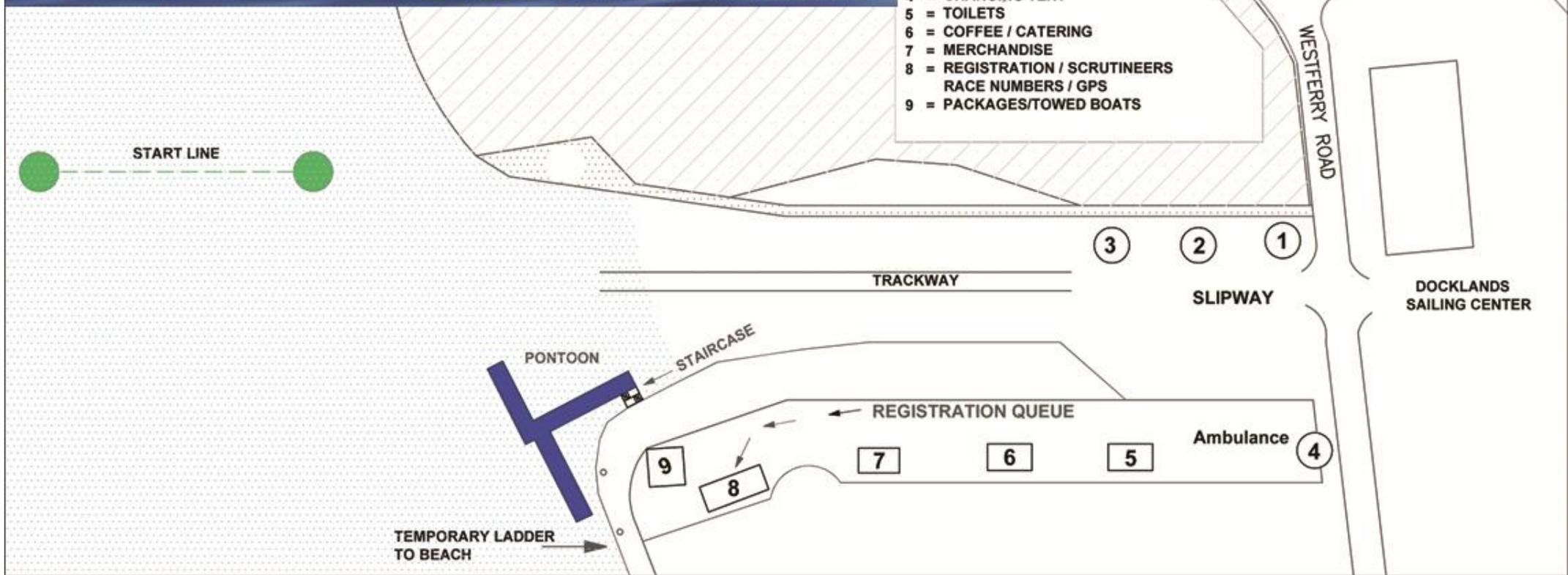
No. 7 Map Showing route to showers at Thames Young Mariners



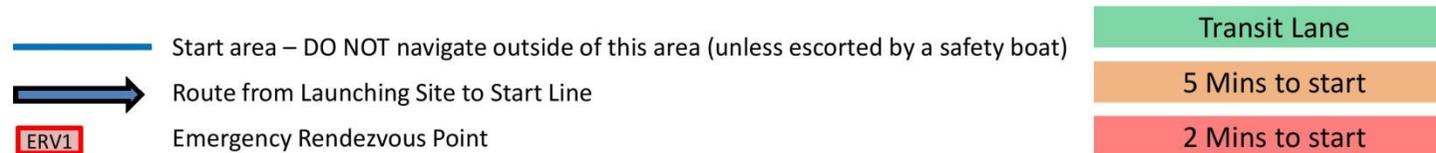
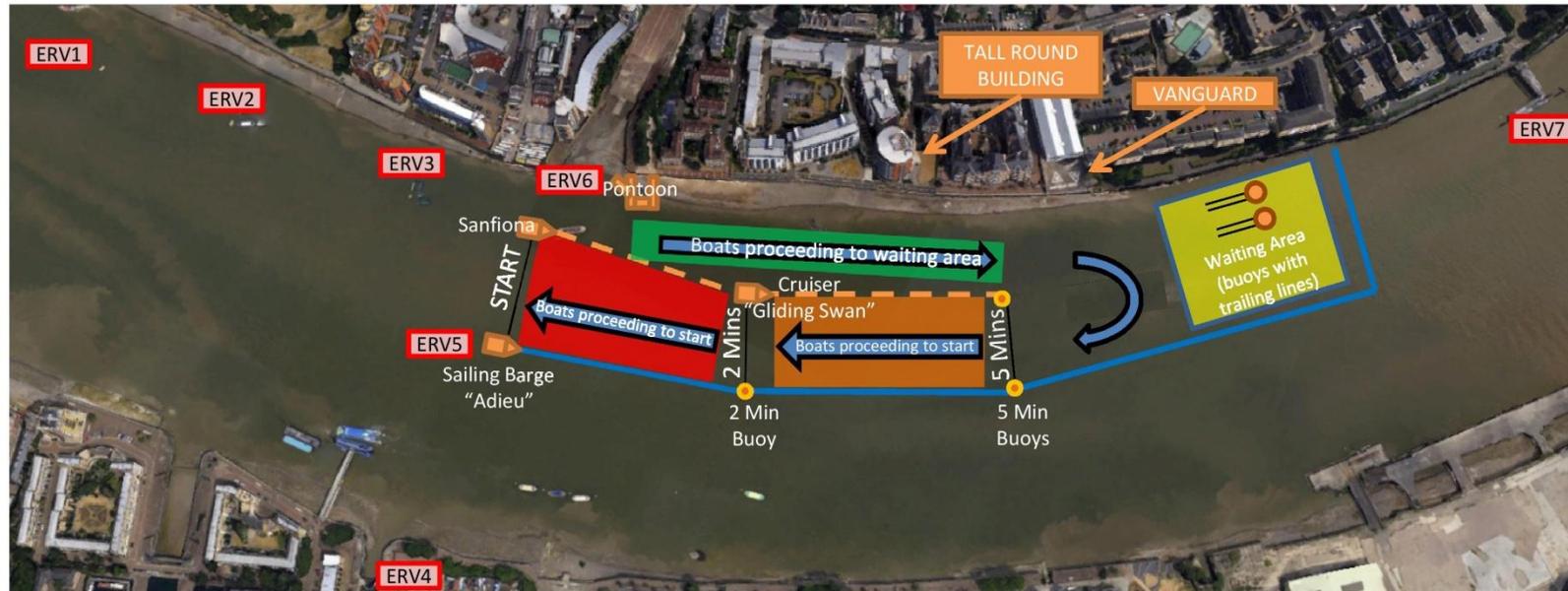
The Great River Race

London's River Marathon

- 1 = URINALS
- 2 = INFORMATION
- 3 = PA
- 4 = CHANGING TENT
- 5 = TOILETS
- 6 = COFFEE / CATERING
- 7 = MERCHANDISE
- 8 = REGISTRATION / SCRUTINEERS
RACE NUMBERS / GPS
- 9 = PACKAGES/TOWED BOATS



Great River Race 2019 – Start Layout



Procedure for aborting the start

If for any reason it is necessary to abort the start of the race, this will be communicated by the official Start Marshals and Safety RiBs. On receiving this communication, you should navigate immediately to your assigned ERV point and await further instructions. Your assigned ERV point is detailed on your laminated Start Sheet (see overleaf) and is specific to your boat.

NOTE: Boat and Buoy markings for information only – not to scale

Boats leave waiting area 8 mins before their start time

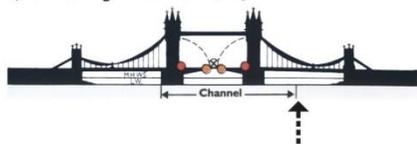
BRIDGING THE THAMES - MILLWALL TO RICHMOND

The bridge arches are shown as you will see them on approach.

Use ONLY the arches indicated

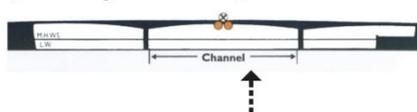
1. Tower Bridge

(17.85m to go - 3.75m so far)



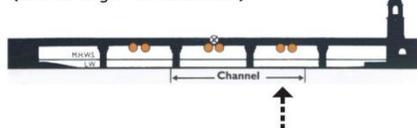
2. London Bridge

(17.29m to go - 4.31m so far)



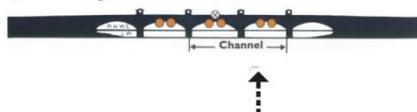
3. Cannon Street Railway Bridge

(17.14m to go - 4.46m so far)



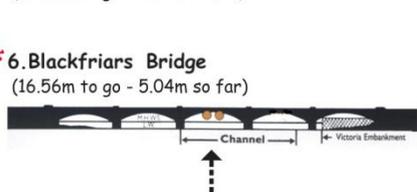
4. Southwark Bridge

(17.11m to go - 4.49m so far)



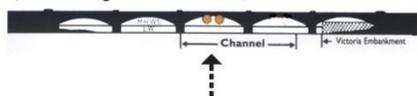
5. Millennium Bridge

(16.89m to go - 4.71m so far)



* 6. Blackfriars Bridge

(16.56m to go - 5.04m so far)



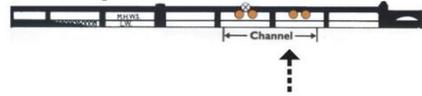
7. Waterloo Bridge

(16.29m to go - 5.31m so far)



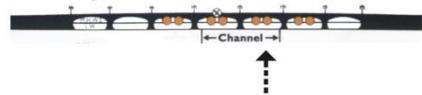
8. Hungerford Bridge/Charing Cross Rail Bridge

(15.77m to go - 5.83m so far)



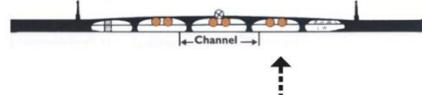
9. Westminster Bridge

(15.4m to go - 6.2m so far)



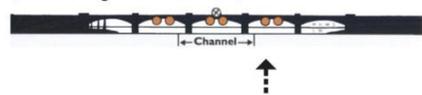
10. Lambeth Bridge

(14.96m to go - 6.64m so far)



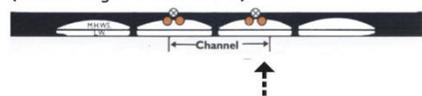
11. Vauxhall Bridge

(14.46m to go - 7.14m so far)



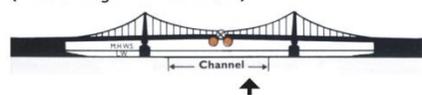
12. Victoria/Grosvenor Road Railway Bridge

(13.38m to go - 8.22m so far)



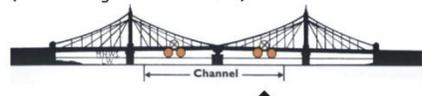
13. Chelsea Bridge

(13.37m to go - 8.23m so far)



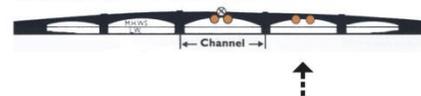
14. Albert Bridge

(12.64m to go - 8.96m so far)



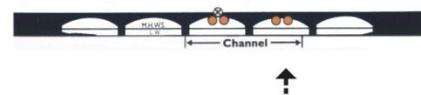
15. Battersea Bridge

(12.37m to go - 9.23m so far)



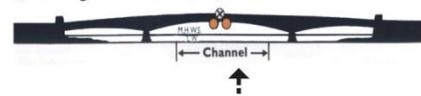
16. Battersea/Wandsworth Railway Bridge

(11.73m to go - 9.87m so far)



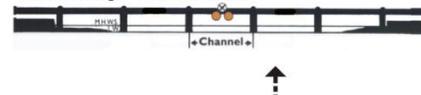
17. Wandsworth Bridge

(11m to go - 10.6m so far)



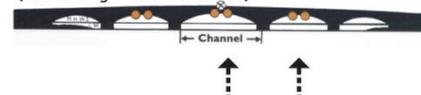
18. Fulham/Putney Railway Bridge

(10.02m to go - 11.58m so far)



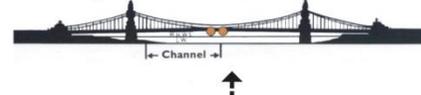
19. Putney Bridge

(9.86m to go - 11.74m so far)



20. Hammersmith Bridge

(8.11m to go - 13.49m so far)



21. Barnes Bridge

(6.29m to go - 15.31m so far)



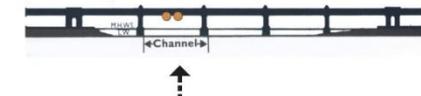
22. Chiswick Bridge

(5.52m to go - 16.08m so far)



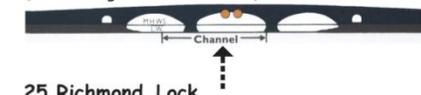
23. Kew Railway Bridge

(4.65m to go - 16.95m so far)



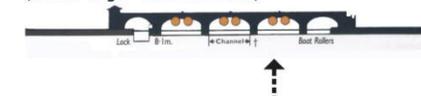
24. Kew Bridge

(4.24m to go - 17.36m so far)



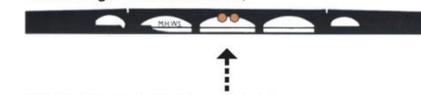
25. Richmond Lock

(2.78m to go - 18.82m so far)



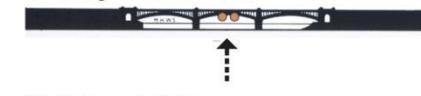
26. Twickenham Bridge

1.69m to go - 19.91m so far)



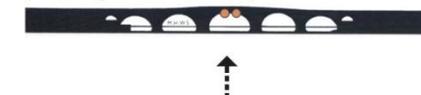
27. Richmond Railway Bridge

1.58m to go - 20.02m so far)



28. Richmond Bridge

(1.2 m to go - 20.04m so far)



* All coxes / crews - Blackfriars Bridge - Please note that Bridge Arch 2 will be closed for navigation on Race day. As a result, we would ask you to please be aware of other river users, especially Commercial vessels as there are likely to be a large number of Class 5 (Large) Commercial vessels also using Arch 3. As such we must ask you to be extra vigilant when navigating in this vicinity. Your safety and the safety of other river users is of the utmost importance.

SAFE NAVIGATION FOR MAN-POWERED BOATS NEAR WORKS BARGES AND MOORINGS

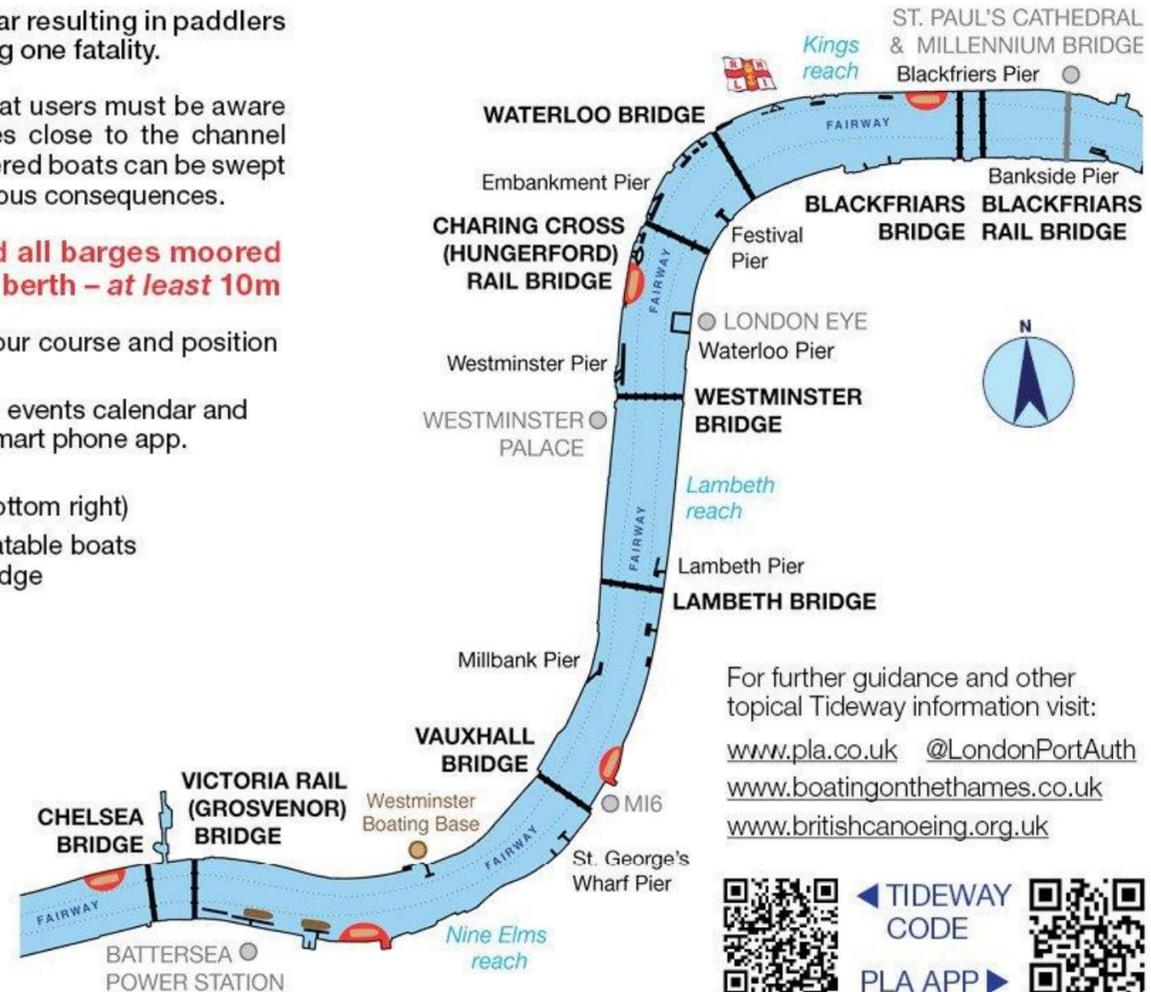


Several incidents have occurred this year resulting in paddlers being swept under work barges, including one fatality.

Paddlers and all small, man-powered boat users must be aware of the numerous major construction sites close to the channel edge in Central London. Small man-powered boats can be swept rapidly under barges by the tide, with serious consequences.

Give these work sites, piers and all barges moored alongside or mid-stream, a wide berth – at least 10m

- Maintain a good lookout and adjust your course and position well in advance of any obstacle
- Check the current Notices to Mariners, events calendar and tidal information on PLA websites or smart phone app. (see bottom right)
- Comply with the Tideway Code (see bottom right)
- It is recommended that all open or inflatable boats and SUPs remain upriver of Putney Bridge





Ham Site Plan KEY

1. Finish	13. Bouncy Castle
2. Finish Cannon	14. Slide
4. Corporate Hospitality	15. Face Painters
5. Information/Lost Children	16. Toilets
6. Number Return/Race Certificates	17. Changing Tents
7. Merchandising	18. Medics
8. Charity Tent	19. Event Marquee
9. Punch & Judy	20. Ham Street Food Market
10. Children's Circus Arena	21. Musket Range
11. Game Arena	22. PLA
12. Race Control	23. Mayors Tent





